Canning Vale School Scoop





- 19 Nov Assembly Year 6 Honour Certificates
- 20 Nov Kindergarten Orientation
- 27 Nov Kindergarten Orientation
- 28 Nov Year 1 Kings Park Excursion & Year 5 West Oz Wildlife Incursion
- 1 Dec 2026 Student Leadership Speeches
- 4 Dec 2026 Kindergarten Parent Information Session
- 10 Dec Assembly Student Leaders
- 12 Dec 2026 Student Transition
- 16 Dec Christmas Concert & Thank U Morning Tea
- 17 Dec Year 6 Graduation Rehearsal
- 18 Dec Year 6 Graduation & Students last day



Principal Update

Welcome to the first newsletter for Term.

Firstly I wanted to acknowledge our amazing P & C who have put in hours of work to pull together the fabulous Family Picnic. The event is set to be a huge success and a wonderful way for the school community to get to together and celebrate CVPS. The money they raise goes directly back to the school to support your child/ren's education.

Like the K/P Playground upgrade the P & C financially supported, which is complete and it has been exciting watching the students engage in different play with the many areas they now have available to them.

We are well underway with our preparation for the 2026 school year. This year we will be farewelling two foundation staff members Mrs Jackie Lange and Mr Jon Jonsson who are excited to be celebrating their retirement at the end of this year.

As we count down the last of the year we are also celebrating our Year 6 students who will be leaving us to embark on their next adventure. We look forward to participating in the several events coming up for them.

Mrs Hayley Taylor

Associate Principal Update

K-2 Update: It is a busy time of year, with all classes completing assessments and preparing for the end of the school year. It has been wonderful to see the children enjoying the newly upgraded early childhood playground and working collaboratively in the junior primary area, especially as they create imaginative recipes in our very own outdoor mud kitchen, the Bush Tucker Burrow. In addition to classroom activities, students and staff are also busily preparing for our much-anticipated Christmas concert. We are so proud of how hard our students are working, and we are excited to celebrate their achievements and share the festive spirit as the year draws to a close.

3-6 Update: A big congratulations to those who represented CVPS at the Interschool carnivals. The Year 6s are busy preparing for graduation and the Year 5s are about to start the selection process for the 2026 Student Leadership team. Transitions to high school have already started and students from K-5 will have the opportunity to meet their 2026 teachers on Friday 12 December. Not only is it a busy time but there are lots of changes on the way. It is important to remember that not everyone likes change, but it does bring new opportunities.

Whole School: As the weather warms up, please ensure your child brings a hat, has sunscreen applied before arriving at school, and carries a full water bottle. You might also like to include an ice block in their lunchbox to help keep their food fresh throughout the day

Attendance Update

Why Every Day At School Counts

Helping your child build the habit of going to school every day sets them up for success, both now and in the future. That is why we kindly ask families to avoid planning holidays during the school term.

Why Regular School Attendance Important

- At school, children learn new ideas and skills in a specific order, especially in subjects like reading, writing, and maths. Missing even a few days can make it harder for your child to keep up, especially in the early years when the basics are being taught.
- Being at school every day also teaches children the valuable life skill of "showing up", whether it's for school, work, sport, or other commitments.
- Research from the Telethon Kids Institute shows that every day at school makes a difference. Children who attend regularly tend to do better—not just in school, but in life.
- Under the School Education Act 1999, principals are not allowed to approve holidays during school time.
 Any time away for holidays is recorded as an absence.

What Can You Do:

- We encourage you to plan family holidays during school breaks, so your child doesn't miss out on important learning.
- If you're thinking about taking a holiday during the school term, please reach out to the classroom teacher
 or our exec team. We are happy to talk through what your child might miss and how you can support their
 learning.



Our values are:

Kindness

Respect

Resilience

Strive to Achieve

Swimming Lessons

Over Weeks 3 and 4, our Pre-Primary to Year 5 students took part in the school swimming program at Riverton Leisureplex. The lessons provided a great opportunity for students to build confidence in the water, develop swimming skills, and learn important water-safety techniques.

Instructors catered to a range of abilities, helping students practise skills such as floating, kicking, stroke development, and safe pool entry and exit. It was wonderful to see the enthusiasm and effort our students showed each day, and we are very proud of the progress they made.





SunSmart.

Be SunSmart!

With the warmer months upon us, it's important to remind our students (and families!) to stay safe in the sun. Too much UV exposure can cause lasting skin damage, even on cool or cloudy days. At school, we encourage everyone to follow the five SunSmart steps: Slip on protective clothing, Slop on SPF 30+ broad-spectrum sunscreen, Slap on a wide-brimmed hat, Seek shade whenever possible, and Slide on sunglasses.

Please help us reinforce these healthy habits at home—apply sunscreen before school, pack a hat, and remind your child to reapply sunscreen if they'll be outdoors for extended periods. Together, we can build lifelong sun safety habits and keep our school community protected while enjoying the sunshine!

For more information visit Cancer Council.

Chaplain Chat - Counsellor Cindy

This term, CVPS has been very blessed to have **Cindy**, a trainee Counsellor from Murdoch University, working with us. Over the past term and a half, Cindy and I have been working closely in supporting students' wellbeing and resilience.

Cindy has been running **Wellbeing Workshops** during lunchtimes, helping students build strategies for managing their emotions. A key takeaway from her sessions is that all emotions are **valid and needed**—it's what we do with them that really matters.

Last week, Cindy focused on **anger**, explaining that there are three main types — **Aggressive**, **Passive**, and **Suppressive** — and that being **assertive** helps protect our relationships and ourselves by allowing us to better understand one another. Students learnt to say things like:

"I'm feeling angry right now (because of ...). I just need a moment to calm down."

"I'm really frustrated, and I don't want to say something I'll regret. Can I please have a moment to myself?"

We also discussed the power of **saying sorry** when we make mistakes — a small but meaningful way to care for others, strengthen our connections and showing self-compassion.

Emma Caccetta Chaplain



Interschool Carnival

Attending interschool events and representing our school is a privilege, and once again it was a pleasure to accompany the students who consistently maintained their Good Standing. Their enthusiasm, teamwork and resilience continued to shine throughout the second day of competition.

Despite the challenges faced across the carnival, including several students unable to participate due to illness, injury or holidays, those who attended showed remarkable determination. Their willingness to step into extra events, support their peers and give their best effort truly reflected the spirit of our school.

After Day 1, CVPS was sitting in 4th place, and the students arrived on Day 2 ready to build on that strong foundation. They approached each event with focus and positivity, and it was fantastic to see them consistently encouraging one another. Whether they were competing on the track, in the field, or cheering from the sidelines, their sportsmanship and commitment were outstanding.

Our students today gave it their all and we were the best behaved school at the event. CVPS, came home 4th overall with some special results for individuals.

Year 3 Boy - Archie won Bronze Year 3 Girls - Scarlett H won Bronze

Year 4 Boys - Levi won equal Gold

Year 4 Girls- Mia won silver Year 5 Boys - Bear won Silver



New Social Media Laws: What Families Need to Know

Australia is introducing major changes to how children access social media. From 10 December 2025, the Online Safety Amendment (Social Media Minimum Age) Act 2024 will require most platforms, including Instagram, Facebook, TikTok, Snapchat, YouTube, and X to verify user ages and block anyone under 16 from having a personal account. Parents cannot override these settings, and platforms face large penalties if they fail to comply. (Note: online gaming platforms and stand-alone messaging apps are not included.)



Why This Matters

Many primary-aged children already use devices, games, and apps. Even if they're not on social media yet, these changes offer stronger protection at an age when children are still developing emotionally, socially, and cognitively. The laws reduce exposure to cyberbullying, inappropriate content, targeted advertising, and algorithmic pressures that can affect wellbeing, sleep, and self-esteem.

Importantly, while the law sets boundaries, parents remain the biggest influence on children's digital habits. Open conversations, clear expectations, and guidance continue to play a vital role.

What Parents Can Do Now

Start the conversation:

Explain that new laws mean social-media accounts will begin at 16. Ask what your child knows about social media and why they might want an account. Emphasise that you're preparing together so they'll be confident and safe when the time comes.

Check current apps and usage:

Review the games and apps your child uses—some include hidden social features. Set clear screen-time routines and co-view content to build trust and awareness.

Build skills early:

Talk about online permanence, respectful communication, and what to do if something feels uncomfortable. Consider a simple family digital agreement to set shared expectations.

Use the law to support boundaries:

The new age limit can help reduce conflict around "When can I have Instagram/TikTok?" You can confidently say: "We'll aim for when you're 16, and we'll use the time now to build healthy habits."

Stay informed:

Apps and features change often. Keep reviewing your rules, stay curious about what your child is doing online, and encourage them to come to you with questions or concerns.

Learn More

For additional support, explore resources from the <u>eSafety Commissioner</u>, <u>UNICEF Australia</u>, and parenting educator Maggie Dent, who discusses digital readiness and online boundaries in her Maggie Dent podcast.



CVPS Cheer

On the 18 and 19 October our amazing CVPS Cheer team competed at CheerCon, a 2 day competition at the Convention Centre.

Both of their 2 performances were outstanding! The level of improvement in our team from the beginning of the year is remarkable. Blaze ended up with a 2nd place finish and Storm with a 1st. Both teams hit zero (which means they didn't make a mistake).

We love bringing home the medals but what is more important is the friendships made, confidence grown, opportunities provided on stage and pride that our team shows in themselves. What an amazing first season for our team!

A big thank you to our head coach Sam from <u>Waves Cheer & Tumble</u> and our many coaches from the amazing club. Again, special mention to Aili and Chloe for always being there for our girls.



Year 5 Science Extension visit to Canning Vale College

Over the last four Mondays a group of enthusiastic year 5 scientists had the opportunity to visit our local high school for some extension activities. First, we were introduced to the Lab, going on a scavenger hunt for all the new pieces of equipment, most of which we don't have in Primary schools. Our high school teacher then showed us an experiment which went "POP!" The next session was STEM. Our challenge was to build a windmill to pull up as much weight as possible. Many of us had success, but a few had to start again quickly! All of it was a fantastic learning opportunity and a wonderful display of teamwork. The third visit was biology, and once we got past the smell, we were fascinated by how many different parts of the bone there were. In our last session we were able to create the chemical reaction of elephant's toothpaste.



What's Happening in the Local Community

Shelley FoodTrucks Night is on across various dates at the Shelley Foreshore City of Canning is hosting the Perth Airport Muddy Hands Festival

The Rio Tinto Christmas Lights Trail is back lighting up the city!

Bricks for Kids are running school holiday workshops at various locations

The Alinta Energy Christmas Pageant is back!





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