

Canning Vale School Scoop



Important Dates or Events

- 27 Sep - 13 Oct - School Holidays
- 13 Oct - Staff Development Day
- 14 Oct - Students' First Day
- 22 Oct - ESC Assembly
- 27 Oct - 6 Nov - Pre Primary - Yr 5 Swimming Lessons
- 7 Nov - Interschool Jumps and Throws
- 11 Nov - Interschool Athletics Carnival
- 14 Nov - P&C Family Picnic



CANNING VALE
PRIMARY SCHOOL

Principal Update

Term 3 has been a blast, with incursions, excursions, carnivals, musicals and lots of learning.

I wanted to take a moment to acknowledge our fabulous staff as these events take considerable time and planning to make happen. It has been wonderful having the opportunity to celebrate these events with our school community.

Over the holiday break we will have some upgrades completed to the K/P and Junior playground areas, we are hoping these will be ready to go for day 1 of Term 4. A big thank you to the ESC and P & C for contributing to these projects.

Term 4 is always a whirlwind as we plan for 2026, finish 2025 strongly and celebrate the wonderful Year 6's whose primary school adventure is coming to a close. Although, I am looking forward to some warmer weather.

Have a great break and we look forward to Term 4's excitement.

Mrs Hayley Taylor





Our school canteen will be closed from Friday 26 September until further notice.

We would like to take this opportunity to sincerely thank Courtney for her dedication, hard work, and the excellent service she has provided in managing the canteen. Her commitment to supporting both students and staff has been deeply appreciated, and she will be truly missed.

We kindly ask all parents and carers to ensure that their children are sent to school with a packed lunch and snacks each day.

We will keep you informed of any updates or changes to this arrangement as they arise.

Thank you for your understanding and support.

Associate Principal Update

K-2 Update: Our students embraced the magic of storytelling by dressing up as their favourite book characters, listening to captivating stories, and participating in creative classroom activities. Year 2 students stepped back in time during their visit to the Kalamunda History Museum. They explored historical artefacts and enjoyed hands-on experiences that brought history to life. Our PP students shone brightly during their assembly performance this week, showcasing their confidence and creativity to the delight of families and staff.

3-6 Update: Term 3 has ended on a high with beautiful weather and a successful musical and carnival. It was great to see everyone involved and enjoying themselves - a great opportunity for students to share their talents in different areas.

Term 4 is shaping up to be a BIG one. We have Interschool Athletics over 2 days, Year 6 dancing lessons, Graduation, high school transition days, excursions and incursions. Rest up and get ready to go...

Whole School: Next term will be busy. Students will return on Tuesday, 14 October. During Weeks 3 and 4, students in Pre-primary to Year 5 will participate in a 9-day swimming series. Please return the swimming enrolment form to your child's classroom teacher by Friday, 17 October.

Amanda's Garden Fete
11-12 October 2025
Open daily 10am - 4.30pm Entry \$5



There is something for everyone at our annual open garden.

You can sit and relax with a cuppa or explore the many treasures in our garden.

Mass rose displays, water features, large variety of trees, shrubs and plants in a rural setting.

Devonshire teas, sausage sizzle, plant sales, art display.

Paddy's market and music.

Located at the junction of Margaret and Matison Streets, Southern River.

Privately sponsored by  CPS

All proceeds go towards Meningococcal Awareness. Enquiries to 9398 7275. www.amandavoungfoundation.org.au

Attack Asthma

It's time we Attack Asthma before the symptoms start!

Asthma is one of the leading causes of children ending up in hospital. New research by Asthma Australia shows that while most parents feel like they are confident in managing their child's asthma, nearly two thirds live in constant fear of an asthma attack.

But it doesn't have to be this way.

A daily preventer can help keep your child's asthma under control, reducing the chance of an attack. This means less time feeling sick or in the hospital and more time for them to just be a kid. Instead of waiting for symptoms like wheezing or difficulty breathing, use a preventer every day to help your child breathe normally.

Learn more about how to Attack Asthma here:
www.asthma.org.au/attack



IT'S TIME TO CLAIM VICTORY

A preventer can reduce your child's risk of an asthma attack. Attack Asthma and help them thrive.

Visit asthma.org.au/attack to learn more.

Attendance

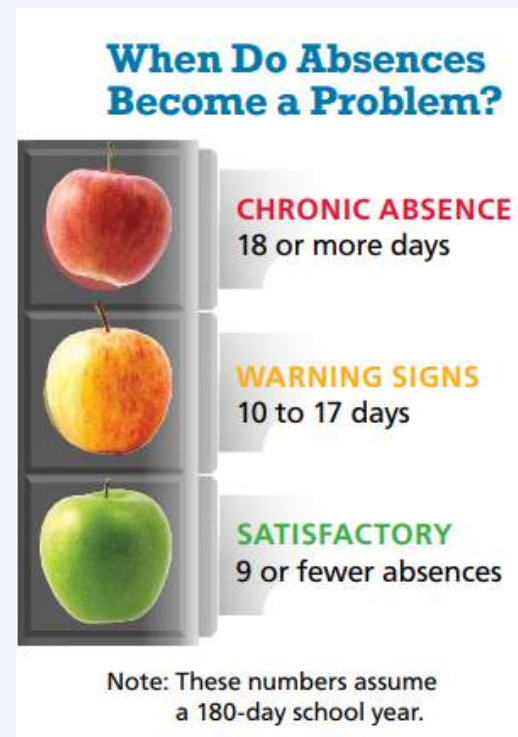
Do you have a hard time getting your child to school?

Some common reasons given for children being late or absent from school are:

- Won't get out of bed or goes to bed late at night
- Can't find their bag, materials, books etc
- Lunch is not ready
- No breakfast or is slow to eat breakfast
- Homework not done
- Test or presentation due that day
- Birthday or relatives visiting
- Nervous at leaving family

Some suggestions based on setting regular routines and giving a consistent message:

- Have a set time for going to bed and getting up
- Have uniform, lunch and school materials ready the night before
- Set daily homework time
- Limit time for TV, games and devices (screen time) late at night
- Be firm with clear boundaries around attending school
- Seek immediate support from the school if your child is nervous about going to or when arriving at school



Our values are:

Kindness

Respect

Resilience

Strive to Achieve



Puberty

Puberty is an interesting time for children and their parents. Children may feel confused or embarrassed about the changes happening to them.

Puberty typically starts at 10-11 years for girls and 11-12 years for boys. However, it can begin earlier or later for some children. This is the period when a child's body grows and changes from a child to an adult. These changes happen gradually and vary in timing from one child to another. While the physical changes are easy to notice, it is important to note that a lot more happens in the way they think, feel, and relate with friends and family.

Give your child information about puberty before it starts so they know what to expect. Remind your child that people come in all different shapes and sizes and discourage them from comparing their bodies to others.

For further details, see [Physical changes in puberty](#) provided by Raising Children Network, the [Puberty Healthy WA site](#) and the [Puberty booklet](#).

If you have any concerns about your child and puberty, please talk with your local School Health Nurse, on 9258 8053 or General Practitioner.

Chaplain Chat

With the social media ban coming on December 10, it's a great time to be intentional about finding new hobbies and activities. Here's a list of fun and creative things to try instead of scrolling online:

Send real mail

Write a letter or postcard to a friend, family member, or grandparent—it's a fun way to stay connected offline.

Write a story

Create your own short story, poem, or even a comic strip. Let your imagination run wild!

Get into sports

Try a new sport, join a local club, or practice your favourite one—whether it's basketball, swimming, or just going for a run.

Try embroidery or crochet kits

Kmart has loads of cool kits to get you started on these relaxing and creative crafts.

Bake something delicious

Experiment with new recipes and enjoy the tasty results.

Make movies and skits

Write a script, act it out, and film your own mini-movie or funny skit with friends or family.

Start a garden

Grow herbs, flowers, or veggies—even a few pots on the windowsill can be satisfying.

Learn to play a musical instrument

Pick up an instrument you have at home or try online tutorials for beginners.

Create a photo journal/ scrapbook

Take pictures of your day or special moments and create a printed or digital album.

Try DIY science experiments

Safe and simple experiments like making slime or a homemade volcano can be super fun and educational.



Soapy Slime Recipe

What you need:

- 1 cup soap flakes
- 3 cups hot water
- Food colouring
- A bowl
- Handheld blender or whisk

Instructions:

1. Pour soap flakes and hot water into the bowl.
2. Add food colouring.
3. If using a handheld blender, blend until the mixture grows and becomes slimy. Make sure your bowl is big enough!
4. If using a whisk, briskly whisk for 5 minutes, then let it sit for about an hour. Whisk again for a minute at a time throughout the hour.
5. Once it turns stretchy and slimy, it's ready to explore and play with!

Tip: Double or triple the recipe for bigger groups and store the slime in a plastic tray or tub.

Social media changes are coming

From 10 December, certain social media platforms won't be allowed to let Australian children under 16 create or keep an account.

What you need to know

- The age restrictions are likely to apply to **Instagram, Facebook, Snapchat, TikTok and YouTube**, among other platforms.
- **Online gaming and standalone messaging apps** are among the types of services that will not be included.
- Children under 16 will still be able to see publicly available social media content that doesn't require logging into an account.

Find out more at **eSafety.gov.au**



House Athletics Carnival

What a fantastic day we had at our House Athletics Carnival!

Congratulations to all students who participated and gave it their all – your enthusiasm, sportsmanship, and team spirit made the day a huge success.

A big thank you to all the families and friends who came along to support our students. Your cheers and encouragement created an incredible atmosphere and truly lifted the spirits of our athletes.

One of the highlights of the day was the parents' race – a huge thank you to all the mums, dads, and Mr Peters who laced up their runners and joined in the fun! It was wonderful to see so much energy, laughter, and friendly competition on the track.

A special thank you to Mr Peters, Mrs Taylor, Ms Bee, and Mrs Charman for their outstanding organisation and smooth running of the event. Thank you also to our dedicated teachers and EAs for coordinating the students and house bays – it was amazing to hear the team chants echoing across the field!

Lastly, a big thank you to Mr Chalwell for generously volunteering his time to help out on the day – your support was greatly appreciated.

Results were as follows:

Year 3 Girls

Champion Girl - Eva
Runner Up - Scarlett H
2nd Runner Up - Scarlett D

Year 4 Girls

Champion Girl - Billie
Runner Up - Mia
2nd Runner Up - Kavneer

Year 5 Girls

Champion Girl - Caitlin
Runner Up - Emily
2nd Runner Up - Madison

Year 6 Girls

Champion Girl - Asha
Runner Up - Isla
2nd Runner Up - Georgia

Year 3 Boys

Champion Boy - Judd
Runner Up - Charlie
2nd Runner Up - Jesse & Archie

Year 4 Boys

Champion Boy - Levi
Runner Up - Aleksander
2nd Runner Up - Aagmanstum

Year 5 Boys

Champion Boy - Bear
Runner Up - Cohan
2nd Runner Up - Japjot

Year 6 Boys

Champion Boy - Archer
Runner Up - Harrison
2nd Runner Up - Kevin

Final House Points:

- 1 Forrest – 723
- 2 Stuart – 682
- 3 Eyre – 601
- 4 Stirling – 500

Congratulations to Forrest for taking out the win this year!



P & C Update

💖 A Big Thank You to Our School Families!

We're feeling the love — and the generosity! Thanks to your incredible support, our recent events were a smashing success.

👨👩👧👦 Crazy Hair, Cool Socks, and a Whole Lot of Fun!

Crazy Hair Day was a roaring success, raising \$449 . We absolutely loved seeing everyone strut their stuff with gravity-defying creations, rainbow colours, and styles that would make a hairdresser weep (with joy, of course). And let's not forget the socks — bold, bright, and brilliantly bonkers. You all nailed it from head to toe!

👨👩👧👦 Father's Day Raffle

With your amazing support (and a little help from the universal dad-love for raffles), we raised a brilliant \$1,838 through our Father's Day Stall and Raffle! That's a whole lot of socks, snacks, and surprise prizes and we couldn't have done it without you.

🎉 Father's Day Raffle Winners

Huge Congratulations to our winners below who took home one of ten awesome goodie baskets.

- Jorawar - A5
- Josh – V3
- Charlotte - A5
- Mia – A5
- Lily – M4
- Alexis – V3
- Amelia – V3
- Bear – V4
- Ekas – B7
- Meadow – B7

🎁 MVPs of the Month: Our Local Businesses

A massive shoutout to our generous local businesses who donated prizes. You're the real MVPs, and we couldn't do it without you! Check out our Facebook page for more information.

🔪 Where's the Money Going?

The P&C will be donating towards the upgrade of the Kindy and Pre-Primary playground, as well as the additional play space for Year 1 and 2 area. Epic playtime = happy kids = happy parents.

📅 Upcoming Shenanigans

Family Picnic – November 14th

Pack your rugs, snacks, and smiles — it's going to be an afternoon of food & fun. Mark your calendars now! Keep an eye out on our Facebook page for updates as well as Compass.

👏 Join the Party

Want to help make the magic happen? We're always on the lookout for new P&C members. If you're keen to join the fun, email us at president@cypspc.com.

Sally Elliott
P& C President



School Musical

Our amazingly talented choir students put on a musical this term to entertain our school community.

Our first performance was on Wednesday 10th September for the students and teachers, this was followed by an evening performance for parents and families on Thursday 11th September.

The choir members sang, danced, and acted with professionalism and pride and they beautifully demonstrated our school's ethos of 'Excellence'.

We couldn't be prouder of our choir students, they are a credit to themselves.

Well done superstars!

The Performing Arts Department

Mrs Ward, Ms Neser, Mrs Johnston and Miss Paton



R U OK? Day

On the 11th of September, our school acknowledged R U OK? Day.

We learned that there are four important steps to being a good friend and supporting someone who may be struggling: **Ask, Listen, Encourage Action, and Check In.**



Aboda Festival

Our Year 6 band, along with some additional members, performed at the ABODA Festival earlier this month. Led by Ms Nesar, they sounded absolutely amazing! We can't wait to hear them perform again at school later this year.



What's Happening in the Local Community

Perth Royal Show is back between the 27th September to 4th October
Telethon Family Festival is on during Telethon weekend on Sunday 19th October
The City of Perth Twilight Food Markets are back! They run Friday afternoons from 4:30pm starting Friday 3rd October
City of Canning have their school holiday programs running at Cannington and Riverton Leisureplex
Mandoon Estate are holding a Free Family Fun Day
Springtime Vibes at Piara Waters Markets on Sunday 5th October



**SCHOOL HOLIDAYS**
AGES 6-12 YEARS
SPORTS CANNINGTON LEISUREPLEX

WEDNESDAY 1 OCTOBER
3:30PM - 5:00PM
KIDS DANCE
Our sensational Kids Dance class is designed for kids to learn and develop their movement, rhythm and coordination in an exciting and energetic environment. Learn how to groove and shake with our amazing dance instructor Josephine!

9:30AM - 11:00AM
BADMINTON
Learn the core fundamentals of badminton in this dynamic and fun kid's class. Practice different shots, strokes and techniques through mini games and fun drills in this exciting session.

TUESDAY 7 OCTOBER
9:30AM - 11:00AM
BASKETBALL
Pass, shoot and dribble your way through this dynamic and energetic kids class! Learn the fundamentals of basketball through minigames, fun activities and team building game play!

WEDNESDAY 8 OCTOBER
3:30PM - 5:00PM
KIDS DANCE
Our sensational Kids Dance class is designed for kids to learn and develop their movement, rhythm and coordination in an exciting and energetic environment. Learn how to groove and shake with our amazing dance instructor Josephine!

THURSDAY 9 OCTOBER
9:30AM - 11:00AM
MULTISPORTS
Keep the kids active and engaged during these school holidays with the amazing Multisports! Have fun trying different sports and playing exciting team building mini games.

**BOOK TODAY!**
For more information visit:
canning.wa.gov.au/schoolholidays





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