Canning Vale School Scoop





Important Dates or Events

- 21 Jul Staff Development Day
- 22 Jul Students' First Day
- 25 & 28 July Constable Care
- 31 July Year 6 Incursion
- 4 Aug Year 4 PEAC Testing
- 5 Aug P & C Meeting
- 6 Aug Year 1 Assembly
- 11 15 Aug Science Week
- 15 Aug Crazy Hair & Sock
 Day
- 21 Aug Open Night
- 22 Aug Interschool Cross Country



Principal Update

Well, that's a wrap. Term 2 was a whirlwind of activities and events.

I hope families take time to celebrate their child/ren's achievements as reports went home this week. It was a pleasure to read their reports and hear how they are approaching their learning with determination and 'striving to achieve'. Success looks different for every student, and it is pleasing to see all students improving and working towards their individual goals.

This term, we said farewell to Mr Andy Gough, our Gardener, who retired to travel. We thanked him for his wonderful service to our school and welcomed Mr Vince Monticelli, who has made a wonderful start. Miss Emily Jansen will be shifting from A2 to B6, where she will be teaching on a Thursday/Friday.

Mrs Alex Sheil and Mrs Christine Rafferty have undergone professional learning around Instructional Coaching. For the remainder of this year, we will be refining our coaching structure so that in 2026, all teachers will be coached on the implementation of our Instructional Lesson Framework.

Wishing our school community a fabulous holiday break. We look forward to seeing you next term.

Mrs Hayley Taylor



Our values are: Kindness Respect Resilience Strive to Achieve

Associate Principal Update

K-2 Update: During the recent Kindergarten hospital incursion, the children discussed their hospital experiences and explored various medical equipment. The children had the chance to dress up as doctors, nurses, surgeons, and ambulance drivers, while others took on the roles of patients.

On Thursday, 19 June, our Pre-primary parents were invited to the classrooms for a walkthrough to see all of the amazing work completed in class this semester.

3-6 Update: It has been an extremely term for the senior students. They have had a disco, camp, cross country and the winter carnival. We have been very proud of the way that they have conducted themselves. Next term will be another busy one, this time filled with athletics practice. Our Year 4s will take part in PEAC testing in Week 3.

We are hoping that everyone takes the time to refresh over the holidays so that we can enjoy all that Term 3 will offer.

Whole School: In Term 3, we will have a focus on Protective Behaviours. This is a personal safety program that teaches children skills and strategies to identify and respond to a range of unsafe situations.

The program is underpinned by two core themes:

- "We all have the right to be safe and feel safe at all times."
- "We can talk with someone about anything, no matter what it is." Early in the term we will be sending out more information about what we are teaching, and in particular the vocabulary we will be using.

Healthy Lunchboxes Crunch&Sip®





How do you pack a lunchbox with goodness?

Try to pack your child's lunchbox with healthy food from the five food groups. This includes wholegrains, protein (such as lean meat, egg, fish or hummus), reducedfat dairy, vegetables and fruits. Don't forget to pack water.

There is no one-size-fits-all model. We encourage you to do your best for your child, and remember to celebrate the small wins.

Each day at school, try to pack:

Lunch (main)

A healthy snack (mini)

Extra fruit or veggies (munch)

Water

Main

Aim to pack a lunch with some grains, protein and veggies. This can include a sandwich, wrap, sushi, pasta, curry, falafel or any dinner leftovers. Where needed, add an ice pack to keep food safe.

Mini

Reach for a healthy snack such as cheese and grainy crackers, hard-boiled eggs, homemade muffins, plain yoghurt, popcorn, tinned tuna, baked beans or fruit. It doesn't have to be fancy or expensive.

If you think your child needs more food, pack some extra fruits and vegetables for them to enjoy. Pick seasonal to save money and encourage variety.

Remember to pack water for your child.

Crunch & Sip

Don't forget to pack a separate piece of fresh fruit or veg for daily crunch and sip

If it's all healthy food, it doesn't matter what order the food is eaten in! Anything they reach for will provide them with long-lasting energy to get the best out of their school day.

> For more information, please visit www.crunchandsip.com.au/healthy-lunchboxes

PEAC Testing

The Primary Extension and Challenge (PEAC) program is a part-time withdrawal program for upper primary school Year 5 and 6 students in public schools.

Identified students are selected to participate in differentiated programs offered in a range of delivery modes.

Delivery modes include:

- regional based PEAC centres providing a series of specialist courses or programs
- co-ordinator/s who establish courses in a range of schools and/or other sites and teachers are released to teach the courses
- allocation to schools and multi-age programs operate within schools
- online delivery of programs.

Programs focus on:

- social interaction with gifted and talented peers
- intellectual rigour and challenge
- pursuit of excellence
- development of higher order process skills
- in-depth investigations of real problems
- open-ended activities which encourage choice and negotiation
- opportunities to interact with practising experts
- students working at their own pace
- self/peer evaluation and reflection of performance.

Blanket testing of all public school Year 4 students occurs each year with individual schools testing their own students. Parents who do not wish for their children to be tested can opt out by contacting their school in writing. Testing will take place at CVPS on Monday August 4.

Are you returning in 2026?

We have begun our planning for 2026! Students will return to school on Monday, 2 February 2026.

Can you please send an email to **canningvale.ps@education.wa.edu.au** if either of the following applies to your family:

- Leaving Canning Vale Primary School If leaving CVPS, can you please include the last date of attendance at our school, and what school your child(ren) will be attending?
- Leaving Early or Returning Late in 2026 If your child(ren) will be leaving early or returning late due to holidays, or other reasons, can you please confirm the dates they will be absent, and the date they will return to school.

Your assistance in providing this information will greatly assist with our 2026 classroom planning.

We also still have a few vacancies for Kindergarten in 2026!

Applications can be submitted to canningvale.ps@education.wa.edu.au with the following documents:

- Completed Application for Enrolment form
- child's birth certificate,
- immunisation certificate
- proof of address

Applications for Kindergarten 2026 close on Friday, 25 July.

Further information can be found on our website via the Enrolments quick link.



CVPS Cheer Group

Our amazing CVPS cheer group performed in their very first showcase and did an amazing job. In the next few months, they will be competing in two competitions, in two separate divisions - novice and level 1. We could not be more proud of their effort and teamwork!

A huge thank you to Mrs Johnston and the team at Waves Cheer & Tumble for supporting our teams!



Chaplain Chat - Growing in Resilience

Did you know that trees grown in perfect conditions—without wind—often collapse before they fully mature? In a scientific experiment, researchers found that even with ideal light, water, and soil, the trees lacked the strength to stand. Why? No wind. It turns out, wind helps trees grow stronger by building up their roots and trunks.

Just like trees, we grow through challenges. Change, setbacks, and even failure aren't signs that something's wrong —they're the "wind" that helps us build resilience.

At CVPS, students are learning about resilience through The Resilience Project. This program equips students with healthy habits so that when life's gentle winds become strong turbulence, they have the tools to bounce back. The project focuses on three powerful "G.E.M." habits that support wellbeing:

- Gratitude noticing and appreciating the good in our lives
- Empathy understanding and caring about how others feel
- Mindfulness slowing down and being present in the moment

These habits help students manage stress, connect with others, and bounce back from setbacks. Families can support this at home by talking openly about everyday challenges, encouraging children to develop healthy independence by trying solutions on their own, and practising the 'G.E.M.' habits together. That could be as simple as sharing something you're thankful for, listening with care, or pausing to take in the beauty around you—like the sound of birds or the colours in the sky.

Resilience isn't about avoiding difficulty—it's about growing stronger through it.

Wishing you all a restful and refreshing school holiday.

Emma Caccetta Chaplain





Attendance

The importance of regular attendance...

Did you know?

In Primary School, many concepts, such as literacy and numeracy, are taught in a sequence. If your child is often away from school, it can make it difficult to catch up later.

The Western Australian Telethon Kids Institute has found that the attendance habits set in Kindergarten and Pre-primary are likely to continue throughout a child's school life, so it is important for them to attend school every day.

The School Education Act 1999 requires all compulsory school-aged students to attend every day that their school is open.

- Missing half a day of school each week equates to one month of missed learning opportunities each year.
- Missing half a day of school each week between Pre-primary and Year 10, equates to missing almost one full year of learning.

What can you do to help?

- Have a set time for your child to go to bed at night and get up in the morning.
- Have their uniform and school bag ready the night before.
- Have a set time for breakfast.
- Set a time for daily homework activities.
- Talk about school positively.
- If running late, encourage your child to still go to school and reassure them that you will let the school know.
- Organise for your child to meet a friend before school so they can arrive at school together.
- Get involved at school through volunteering or participate in school programs, events or join the Parents and Citizens' Association.

Andrew Bramley Citizenship Awards

Week 9 Assembly

- Pre Primary Noah
- Year 1 Jasmine
- Year 2 Bella
- Year 3 Hiyara
- Year 4 Amber
- Year 5 Ella
- Year 6 Isla





P & C Update

Thank you to everyone who came and supported the P&C held disco on Friday 27 June - we hope your kids had a brilliant time!

A massive THANK YOU to Michelle Bellenger, who is a parent within our school community, who volunteered to host the Disco. Her energy and passion were palpable, and as a school community, we appreciate her selflessness in volunteering her time and energy.

\$2,637.68 was raised from the disco, which is an excellent result. These funds will be contributed to the school to assist with a variety of improvements.

The disco was organised and held by the P&C, with teachers assisting on the night. Events like this aren't possible without volunteer help - if you're unsure of what the P&C does, we organise and host events like this one! Please consider joining to assist the parents and citizens who already kindly volunteer their time.

Want to be the first to know about upcoming events, raffles, and all the fun stuff?

Follow us on Facebook Canning Vale Primary School P&C Canning Vale Primary School P&C for the latest updates, sneak peeks, and behind-the-scenes fun!

Got a question or idea? We'd love to hear from you! Email us anytime at: president@cvpspc.com





House Cross Country 2025

On Friday 13 June we held our Annual House Cross Country. A huge congratulations to all our runners, from the winners to the students who gave it their all and simply kept going.

Thank you to all the families and friends for coming down and supporting the students, encouraging and cheering them on as they ran. It was great to see such a display of community spirit even in the rain!

Thank you to Mr Peters and all our teaching and support staff for assisting in the setup and running of the day. Congratulations to Forrest, on be the 2025 Cross Country shield winners!





Kindergarten Incursion: The Hospital Program

During our recent hospital incursion, the children engaged in a discussion about their own hospital experiences and explored various medical equipment. They watched a video that illustrated the typical procedures of hospital admission, including anaesthesia and surgery.

The incursion also featured a free play session where the children had the chance to dress up as doctors, nurses, surgeons, and ambulance drivers, while others took on the roles of patients. Additionally, storybooks about hospitalisation, jigsaw puzzles, board games, and hospital-themed dollhouses were integral parts of this session.



Winter Carnival 2025

In Week 9, some of the Year 5 and Year 6 students participated in the Winter Carnival. The sports that were played were netball, soccer, flag belt rugby and AFL. Netball – took three teams. They all tried hard and improved their teamwork over the day. Soccer – took one team, they defended well and had lots of fun together, even when it was difficult. Flag belt Rugby – took two teams and improved over the term because at the start, no one quite knew the sport, and it was very new to us all.

Mixed AFL - took one team and was the most successful, getting into the Grand final and WINNING it by two points. We have never won that competition before, so this was a huge improvement! All the players showed commitment, teamwork and good sportsmanship.

Thank you to all the teachers who trained us at Senior Sport time and lunch breaks to help us improve; Mrs Aitken, Miss Emma, Mrs Johnston, Miss Pennings, Mr Peters, Mrs Sheil and Mrs Rush.

By House Captains – Asha & Harry



What's Happening in the Local Community

Cockburn Arc are hosting a Kids Get Active School Holiday Program

<u>Cuddles Early Learning & Childcare</u> are offering discounted rates for childcare and OSHC fees the rest of 2025! <u>Schools Out Winter Fest!</u> hosted by City of Perth

<u>Fremantle Dockers</u> are hosting their AFL Junior Draft Day on Monday 14th July for Pre Primary - Year 6 students <u>Forte School of Music Canning Vale</u> is offering lessons and programs with a free trial





Contact Us

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Office Hours: 8:00 am to 3:30 pm